



HOPE & COPE Support Group

Do you have a family member or a friend
who is dealing with drugs, alcohol, addictions or mental distress?
Are you wrestling with these issues yourself?

**With Hope & Cope
you don't have to walk the road alone!**

The Hope & Cope Support Group is a faith-based group that meets to pray, reflect, and if desired, share their stories, feelings and experiences with the group.

St. Barnabas Church
1697 East Main Road, Portsmouth

The Hope & Cope Group Schedule 2018
Chapel Meeting Room, 5:00 p.m. to 6:00 p.m.

September 23, 2018	May 19, 2019
October 21, 2018	June 16, 2019
November 18, 2018	July 21, 2019
December 16, 2018	August 18, 2019
January 20, 2019	September 15, 2019
February 17, 2019	October 20, 2019
March 17, 2019	November 17, 2019
April 21, 2019	December 15, 2019

Hope & Cope is a free program. No registration is required, just come!

For further information contact:

Deacon John Silvia 401-683-1343, ext.208 or email deaconjohn@jsilvia.com



*Sponsored by the Diocese of Providence, Catholic Charities & Social Ministry
St. Matthias Ministry*